Children enrolled in ***Kids Talk About Divorce*** learn positive ways of dealing with their feelings of grief and loss.

The program is offered at select sites by University of Nebraska–Lincoln Extension at the same time as ***Co-Parenting for Successful Kids.*** Although not required by law, ***Kids Talk About Divorce*** is highly recommended. **Children who are registered are expected to complete the program.**

Children of divorcing parents have such rights as to:

- be treated as important human beings, with unique feelings, ideas and desires;
- express love and affection for each parent without disapproval by the other parent;
- know their parents' decision to divorce is not their responsibility;
- continue receiving care and guidance from both parents;
- have honest answers to questions about changing family relationships;
- have a relaxed, secure relationship with both parents;
- visit a parent without threats, punishment or offers of more fun by the custodial parent.

Kids Talk About Divorce

Kids Talk About Divorce is a confidential, respectful educational course for children ages 6-18 whose parents are divorcing or seeking custody. Children learn that others are going through the same experiences, how better to share their feelings, how to feel better about themselves and their family members, how to cope with a new living arrangement and more.

Children of divorcing parents may lack the ability to comprehend why the family is separating, often blaming themselves. Children's concerns commonly include:

"Why are you and Mommy getting a divorce?"
"Is it my fault?"
"Will we ever live together again?"
"When will I get to see Dad?"
"Why do we have to move?"

During divorce children often are unable to communicate and express their sadness, hurt, anger and fears. ***Kids Talk About Divorce*** can significantly help children and adolescents learn coping skills to better communicate with parents, relatives, teachers and counselors.

Nebraska Lincoln EXTENSION

Know how. Know now.

2012 Co-Parenting For Successful Kids

Co-Parenting for Successful Kids is an unbiased, research-based education class designed to help separating and divorcing parents cope with divorce and custody. Parents learn to answer children's questions and keep children safe and out of their conflict. ***Co-Parenting for Successful Kids*** strengthens communication skills that can improve interactions with children and the other parent. The goal of ***Co-Parenting for Successful Kids*** is to develop respectful, responsive and responsible co-parenting.

Kids don't cause divorce but they are caught in the middle for the rest of their lives.

Dodge County
Washington County

IANR

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.

University of Nebraska–Lincoln Extension educational programs abide with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.

Comments from past participants include:

"If I had taken this class before, I wouldn't be divorced."

"Every parent should take this class."

"I wish my Mom and Dad had taken this class!"

"I was glad that we had talked about all of the possibilities so I could help my children understand the difficult situations that come up."

Co-Parenting for Successful Kids (formerly ***Parents Forever***) course topics include:

1. What are the benefits of teaching children about divorce?
2. How can adults create smooth transitions during shared parenting time?
3. How can communications be improved between parents and their children?
4. What are the steps in developing an effective, child-focused parenting plan?

Co-Parenting for Successful Kids is designed to help divorcing parents implement positive parenting skills. It is taught by University of Nebraska–Lincoln Extension and meets the 2008 Nebraska Updated Parenting Act guidelines for parents who are divorcing or seeking custody modification, or for never-married parents seeking custody.

Co-Parenting for Successful Kids Registration

Name: _____

Address: _____

City, zip code _____

Phone: _____

Email address (for registration confirmation):

_____

Class dates attending: _____

Birth date (required): _____

Name of other parent: _____

(check all that apply)

____ low conflict ____ high conflict

____ protection order for child or adult

It is recommended that parents of the same child or children take ***different*** *classes.*

Children's ages _____

District Court case filed in (county) _____

Case Number (required) _____

$50 per person registration fee _____

____ Necesite un Interprete

Complete and mail form at least **one week** prior to class date. Payment must accompany registration. We reserve the right to cancel classes due to low registrations. If class is cancelled parents registered will be assigned to the next available class. **Make checks payable to University of Nebraska–Lincoln** and mail to:

If submitting registration online, bring payment to first class.

UNL Extension Office in Dodge County
1206 W 23rd St.
Fremont, NE 68025
402-727-2775

UNL Extension Office in Washington
597 Grant Street Suite 200
Blair, NE 68008
402-426-9455
lpoppe2@unl.edu

PRINT

CLEAR

SUBMIT

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Co-Parenting for Successful Kids is approved by the Nebraska Supreme Court. A companion class is ***Kids Talk About Divorce.*** See blue-screened part of this brochure for more about the ***Kids Talk About Divorce*** class.

Co-Parenting for Successful Kids classes are held at the following locations. (The statewide class listing is available at *http://www.extension.unl.edu/divorce.*) For online classes see *http://marketplace.unl.edu/extension* (available after January 2012, pending Nebraska Supreme Court approval) and click on Educational Program Registration.

January 19 – 1:00 - 5:00 p.m., Fremont
January 21 – 8:30 a.m. - 12:30 p.m., Blair
February 23 – 5:00 - 9:00 p.m., Blair
February 25 – 8:30 a.m. - 12:00 p.m., Fremont**
March 17 – 8:30 a.m. - 12:00 p.m., Blair
March 29 – 1:00 - 5:00 p.m., Fremont
April 21 – 8:30 a.m. - 12:30 p.m., Fremont**
April 26 – 5:00 - 9:00 p.m., Blair
May 19 – 8:30 a.m. - 12:30 p.m., Blair
May 24 – 1:00pm - 5:00 p.m., Fremont
June 14 – 5:00 - 9:00 p.m., Fremont**
June 16 – 8:30 a.m. - 12:30 p.m., Blair
July 17 – 5:00 p.m. - 9:00 p.m., Blair
July 19 – 1:00 - 5:00 p.m., Fremont
August 18 – 8:30 a.m. - 12:30 p.m., Blair
August 30 – 5:00 p.m. - 9:00 p.m., Fremont**
September 15 – 8:30 a.m. - 12:30 p.m., Blair
September 27 – 1:00 - 5:00 p.m., Fremont
October 25 – 5:00 - 9:00 p.m., Blair
October 27 – 8:30 a.m. - 12:30 p.m., Fremont**
November 17 – 8:30 a.m. - 12:30 p.m., Blair
November 29 – 1:00 - 5:00 p.m., Fremont
December 11 – 5:00 - 9:00 p.m., Fremont**

**Kids Talk About Divorce is offered.

Parent Education Approval granted by: Neb. Rev. Stat § 43-2920, et seq. Supreme Court of Nebraska (2008).

Kids Talk About Divorce classes are held at the following locations. (The statewide class listing is available at *http://www.extension.unl.edu/divorce.*)

Fremont — UNL Extension office in Dodge County, 1206 W. 23rd St. 402-727-2775.

Geneva — United Methodist Church, 942 H St. 402-759-3712.

Grand Island — UNL Extension office in Hall County, 3180 W. Highway 34. 308-385-5088.

Hastings — First Presbyterian Church, Seventh and Burlington. 402-762-3644.

Kearney — UNL Extension office in Buffalo County, 1400 E. 34th St. 308-236-1235.

Seward — UNL Extension office in Seward County, 216 S. Ninth St. 402-643-2981.

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Kids Talk About Divorce
Child Registration/Consent Form

_____ **My child will attend *Kids Talk About Divorce* (There is no fee.)**

Parent

Name _____

Address _____

City, zip code _____

Phone _____

Parent

Name _____

Address _____

_____

Phone _____

Children's Name(s)

_____ age _____

_____ age _____

_____ age _____

Parental signature (at least one required):

_____

_____

Location: _____

For more information call the number of the location you wish your children to attend (see left blue panel).