

2009 Parents Forever Registration

Name: _____

Address _____

Phone _____

Class Dates Attending: _____

Birthdate _____ 

Name of other parent involved _____

low conflict _____ high conflict _____
protection order _____ child abuse _____
(check all that apply) Necesita un Interprete _____

It is recommended that parents do not take the same class.

Children's Ages: _____ 

_____ District Court case being filed in (county)

Case Number _____

Make checks payable to **University of Nebraska-Lincoln** and send this form to the office where you wish to attend class:

UNL Extension (Lyons)
111 North 13 Street, Suite 6
Tekamah, NE 68061

UNL Extension (Blair)
597 Grant Street
PO Box 325
Blair, NE 68008

UNL Extension (Fremont)
1206 West 23rd St.
Fremont, NE 68025

Enclosed is \$40 per person registration fee. _____

Send form and payment at least one week prior to class date. Money must accompany registration.



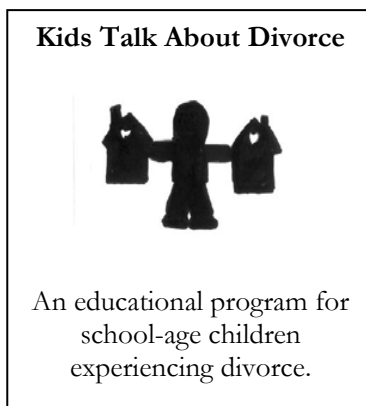
2009



Parents Forever

Education For Families in Divorce
Transition

and



For more information contact
University of Nebraska- Lincoln Extension in:

Washington County
597 Grant Street
PO Box 325
Blair, NE 68008
402-426-9455
rversch1@unl.edu



Parents Forever

What is Parents Forever?

Parents Forever is an educational course for all parents who are involved in divorce, custody modification, or who never married but are seeking custody.

The program will help parents understand the **impact of the divorce on their children** and provide concrete actions that parents can take to **help their children succeed through a divorce.**

Workshop Topics...

1. Adjustment to parental separation
2. Conflict management negotiation
3. Issues of developmental ages and stages
4. Safe transitions between homes
5. Defining abuse and neglect
6. Improving communication: "I" Messages
Active listening.
7. Developing a Parenting Plan

The University of Nebraska-Lincoln does not discriminate on the basis of gender, age, disability, race, color, religion, marital status, veteran's status, national or ethnic origin, or sexual orientation.

Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and United States Department of Agriculture

2009 Class Dates and Locations

<u>Date</u>	<u>Time</u>	<u>Location</u>
Jan. 22	5:00-9:00pm	Lyons
Jan. 24	8:30am-12:30pm	Fremont
Feb. 10	5:00-9:00pm	Fremont
Feb. 28	8:30am-12:30pm	Blair
Mar. 24	5:00-9:00pm	Lyons
Mar. 28	8:30am-12:30pm	Fremont
Apr. 21	5:00-9:00pm	Fremont
Apr. 25	8:30am-12:30pm	Blair
May 28	5:00-9:00pm	Lyons
May 30	8:30am-12:30pm	Fremont
June 23	5:00-9:00pm	Fremont
June 27	8:30am-12:30pm	Blair
July 21	5:00-9:00pm	Lyons
July 25	8:30am-12:30pm	Fremont
Aug. 22	8:30-12:30pm	Fremont
Sept. 24	5:00-9:00pm	Lyons
Sept. 26	8:30am-12:30pm	Fremont
Oct. 27	5:00-9:00pm	Fremont
Oct. 31	8:30-12:30pm	Blair
Nov. 17	5:00-9:00pm	Lyons
Nov. 21	8:30am-12:30pm	Fremont
Dec. 12	8:30am-12:30pm	Fremont

Class Fee is \$40.00 per person

Locations:

UNL Extension in Dodge County, 1206 W 23rd St.,
Fremont, NE 68025, 402-727-2775

UNL Extension in Washington County, 597 Grant St.,
Blair, NE 68008, 402-426-9455

Lyons Public Library, 305 Main St.,
Lyons, NE 68038, 402-374-2929

This meets the requirements of the Nebraska Parenting Act
as amended by LB 554 in 2007.



Kids Talk About Divorce

What is Kids Talk?

Kids Talk is an educational course for children ages 6-18 experiencing divorce. It is offered at the same time as Parents Forever at selected sites.

2009 Class Schedule

<u>Date</u>	<u>Time</u>	<u>Location</u>
Jan. 24	8:30am-12:30pm	Fremont
Feb. 10	5:00-9:00pm	Fremont
Feb. 28	8:30am-12:30pm	Blair
Mar. 28	8:30-12:30pm	Fremont
Apr. 21	5:00-9:00pm	Fremont
Apr. 25	8:30am-12:30pm	Blair
May 30	8:30-12:30pm	Fremont
June 23	5:00-9:00pm	Fremont
June 27	8:30am-12:30pm	Blair
July 25	8:30am-12:30pm	Fremont
Aug. 22	8:30-12:30pm	Fremont
Sept. 26	8:30am-12:30pm	Fremont
Oct. 27	5:00-9:00pm	Fremont
Oct. 31	8:30-12:30pm	Blair
Nov. 21	8:30am-12:30pm	Fremont
Dec. 12	8:30am-12:30pm	Fremont

Kids Talk About Divorce is not required by law but highly recommended.

Questions commonly asked by children of divorcing parents.....

“Why are you and Mommy getting a divorce?”
 “Is it my fault?”
 “Will we ever live together again?”
 “When will I see my Dad?”
 “Why do we have to move?”

Divorce isn't caused by kids, *but they are caught in the middle* of it for the rest of their lives. What can you do to build skills and strengthen character for your kids of divorce?

We teach....

1. The process of separation or divorce
2. Communication and coping skills
3. Recognition of stages of grief and loss
4. Conflict management skills
5. Rights and responsibilities of children of divorce
6. Interaction between parent and child on emotional issues

Each youth will be treated with respect and confidentiality. Once registered, the youth will be expected to complete the educational program.

Bill of Rights for Children in Divorce Action

The right to be treated as important beings, with unique feelings, ideas and desires.

The right and the freedom to receive love from and express love for both parents.

The right to express love and affection for each parent without disapproval by the other parent.

The right to know that their parents' decision to divorce is not their responsibility.

The right to continuing care and guidance from both parents.

The right to honest answers to questions about the changing family relationships.

The right to know and appreciate what is good in each parent without one parent putting down the other

The right to have a relaxed, secure relationship with both parents.

The right to visit the parent without threats, punishment or other offers of more fun by the custodial parent.

The right to be able to experience regular and consistent visitation and the right to know the reason for a canceled visit.

This meets the requirements of the Nebraska Parenting Act as amended by LB 554 in 2007.

2009 Kids Talk About Divorce Child Registration /Consent Form

Parent

Name_____

Address_____

Phone_____

Parent

Name_____

Address_____

Phone_____

Children's Name(s)

_____Age_____

_____Age_____

_____Age_____

Parental

Signature_____

Class Dates Attending:_____

No fee for KTAD.

Complete this form if child is attending.

For more information:

Fremont classes: 402-727-2775

Blair classes: 402-426-9455

E-mail: rversch1@unl.edu